

**Midwest Collegiate Conference**  
**2012 Indoor Track and Field Championships**  
**Sterling, IL - 2/11/2012**  
**Meet Program**

**Event 1 Women Distance Medley**

**Meet Record: 13:17.53 2/12/2011 Grand View**

**A McFayden, J Schertz, W Schertz, B Craig**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Grand View		12:27.72
2	St. Ambrose		13:01.50
3	Clarke		13:05.50
4	Ashford		13:45.32
5	Viterbo		NT
6	William Penn		NT
7	Mount Mercy		NT

**Event 2 Men Distance Medley**

**Meet Record: 11:16.75 2/12/2011 Mount Mercy**

**M Clarke, G Wakefield, D Carbajal, J Lawton**

Lane	Team	Relay	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Grand View		11:16.37
2	Clarke		11:18.63
3	William Penn		11:22.36
4	St. Ambrose		11:25.67
5	Ashford		11:39.56
6	Mount Mercy		12:20.22
7	Viterbo		NT

**Event 3 Women 5000 Meter Run**

**Meet Record: 17:52.77 2/13/2010 Obsie Birru**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Obsie Birru	SR	Grand View	17:49.90
2	Bea Foley	SR	Viterbo	18:24.00
3	Sadie Fisher	SR	Grand View	19:45.35
4	Rebecca Wilder	FR	St. Ambrose	19:57.33
5	Stephanie Nibaur	JR	Mount Mercy	20:13.13
6	Kelsey Carbajo	SO	Grand View	20:28.94
7	Keely Danielsen	SR	Mount Mercy	20:38.11
8	Britney Yotter	SR	Mount Mercy	20:41.00
9	Woolbright Angela	FR	Ashford	20:45.92
10	Megan Miller	FR	St. Ambrose	20:58.86
11	Anne Bruno	SO	Mount Mercy	NT
12	Konnie Keifer	SR	St. Ambrose	NT
13	Wendi Dunn	SO	Mount Mercy	NT
14	Grace Gordon	SO	Clarke	NT
15	Ashley Bright	FR	Viterbo	NT
16	Mackenzie Holladay	SO	Mount Mercy	NT
17	Chelsee Lisk	JR	St. Ambrose	NT
18	Emma McCarthy	SR	Viterbo	NT
19	Carrie Pieper	SO	Clarke	NT

**Event 4 Men 5000 Meter Run**

**Meet Record: 16:04.84 2/12/2011 Kevin Randle**

Lane	Name	Yr	School	Seed Time
<b>Section 1 of 1 Finals</b>				
1	Doug Powers	SR	Ashford	15:37.40
2	Alex Gonzales	FR	Ashford	16:06.94
3	Bryant Rader	JR	Mount Mercy	16:16.94
4	Brian Meyer	SO	Ashford	16:17.47
5	Chris Nealy	JR	Grand View	16:40.64
6	Josh Sherwood	SR	St. Ambrose	17:16.30
7	Nick Reynolds	SR	William Penn	17:24.05
8	Keith Terry	JR	Mount Mercy	17:52.70
9	Josh Bellows	SO	Clarke	18:30.70
10	Jonnie Schoening	JR	Clarke	18:43.55
11	Cameron Pittman	SO	William Penn	19:26.71
12	Scott Titler	FR	Clarke	NT
13	Tyler Norby	JR	St. Ambrose	NT
14	Kevin Randle	JR	St. Ambrose	NT
15	Craig Cicero	JR	Grand View	NT
16	Joel Beckman	JR	Grand View	NT
17	Mike Miroux	SR	Mount Mercy	NT
18	Patrick Kipkorir	SO	Mount Mercy	NT

**Event 5 Women 55 Meter Hurdles****Top 8 Advance by Time**

**Meet Record: 8.69**

**Stephanie Reagan**

Lane	Name	Yr	School	Seed Time
<b>Heat 1 of 2 Prelims</b>				
1	Lindsey Kimler	FR	William Penn	10.62
2	Haley Fischer	SO	Ashford	9.79
3	Larissa Wilden	JR	Mount Mercy	9.52
4	Laurel Murphy	SR	Grand View	9.33
5	Lauren Palmer	JR	Clarke	9.44
6	Myra Nichols	FR	Ashford	9.57
7	Alexus Harrison	FR	Ashford	9.98
8	Corey Bormann	FR	Clarke	10.82
<b>Heat 2 of 2 Prelims</b>				
1	Nikki Hotz	JR	Mount Mercy	10.56
2	Maggie Pestotnik	SR	Grand View	9.62
3	Dionna Reed	FR	Grand View	9.48
4	Rachel Luehrs	JR	St. Ambrose	9.23
5	Audre'ahna Harris	SO	William Penn	9.46
6	Sarah Torres	SO	St. Ambrose	9.59
7	Nichole Johnson	FR	Ashford	10.43

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**Event 6 Men 55 Meter Hurdles****Top 8 Advance by Time**

Meet Record: 7.69 2/12/2011 Christian Awah

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 3 Prelims</b>					
2	Kendall Deer	SO	Ashford	9.38	_____
3	Ademola Are	SR	Ashford	8.70	_____
4	Tony Morrison	JR	St. Ambrose	8.35	_____
5	Pete Westerkamp	SR	Grand View	8.36	_____
6	Trevor Volz	FR	William Penn	8.80	_____
7	Cody Robertson	SR	Mount Mercy	9.46	_____
<b>Heat 2 of 3 Prelims</b>					
2	Jeremy Miller	FR	Ashford	9.27	_____
3	Michael Rachford	FR	William Penn	8.69	_____
4	Christian Awah	JR	Ashford	8.32	_____
5	Demetryione Singleton	SO	Ashford	8.38	_____
6	Tyler Patten	SO	Grand View	8.83	_____
7	Chase Carlson	FR	Grand View	9.58	_____
<b>Heat 3 of 3 Prelims</b>					
1	Brock Mrdjenovich	FR	Viterbo	NT	_____
2	Michael Klostermann	FR	Iowa Wesleya	8.97	_____
3	Sam Taylor	FR	William Penn	8.57	_____
4	Keith Brown	FR	Iowa Wesleya	8.18	_____
5	Justin Ludwikowski	SR	Ashford	8.50	_____
6	Tyler Ernst	SO	Clarke	8.96	_____
7	Garet Huston	FR	St. Ambrose	9.60	_____

**Event 7 Women 55 Meter Dash****Top 8 Advance by Time**

Meet Record: 7.30 2/13/2010 Ebonie Butler

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 4 Prelims</b>					
2	Casey DeCrane	FR	Clarke	8.77	_____
3	Audre'ahna Harris	SO	William Penn	8.36	_____
4	LaStacy Freeman	SO	Iowa Wesleya	8.07	_____
5	Syretta Harrold	FR	Grand View	8.12	_____
6	Aneisha Parrish	SO	Grand View	8.39	_____
7	Ashley Reeves	FR	Iowa Wesleya	8.80	_____
<b>Heat 2 of 4 Prelims</b>					
1	Megan McDonough	FR	William Penn	NT	_____
2	Kiera Canier	FR	Ashford	8.74	_____
3	Alexus Harrison	FR	Ashford	8.29	_____
4	Mwale Kapande	JR	Mount Mercy	8.01	_____
5	Alexis Swinney	FR	William Penn	8.17	_____
6	Jasmine Reisberg	SO	Clarke	8.40	_____
7	Tiffani Robinson	FR	Ashford	8.82	_____

**Heat 3 of 4 Prelims**

1	Nikki Hotz	JR	Mount Mercy	NT	_____
2	Morgan Weaver	FR	St. Ambrose	8.59	_____
3	Shaniece Dishmon	FR	William Penn	8.24	_____
4	Ebonie Butler	JR	St. Ambrose	7.79	_____
5	Megan Lehmkuhl	SO	Clarke	8.18	_____
6	Jackee Thompson	JR	St. Ambrose	8.42	_____
7	Katrena Fellner	FR	Grand View	8.84	_____

**Heat 4 of 4 Prelims**

1	Darrise Humphries	SO	Clarke	9.12	_____
2	Cortni Kooi	SR	Mount Mercy	8.57	_____
3	Sarah Torres	SO	St. Ambrose	8.22	_____
4	Jenna Higgins	JR	Mount Mercy	7.72	_____
5	Laura Minertz	SR	Ashford	8.19	_____
6	Tara Goehrke	FR	St. Ambrose	8.43	_____
7	Lindsey Kimler	FR	William Penn	9.10	_____

**Event 8 Men 55 Meter Dash****Top 8 Advance by Time**

Meet Record: 6.45 2/12/2011 Carlos Stepter

Lane	Name	Yr	School	Seed	Time
<b>Heat 1 of 4 Prelims</b>					
2	Elijah Albert	FR	Iowa Wesleya	7.44	_____
3	Josh Niebuhr	FR	Viterbo	7.28	_____
4	Ronnell Lloyd	FR	Grand View	7.01	_____
5	Keith Brown	FR	Iowa Wesleya	7.06	_____
6	Timmy Arvesen	FR	St. Ambrose	7.30	_____
7	Andrew Nwaogwugwu	SO	Grand View	7.48	_____
<b>Heat 2 of 4 Prelims</b>					
2	Raul Becerril	FR	Iowa Wesleya	7.42	_____
3	John Kilgore	NA	William Penn	7.24	_____
4	Toi Jones	SO	Grand View	7.00	_____
5	Wes Hammer	SO	Grand View	7.14	_____
6	David Hale	FR	Viterbo	7.32	_____
7	Quinton Peters	FR	Viterbo	7.52	_____
<b>Heat 3 of 4 Prelims</b>					
2	Jordan Mendoza	JR	Clarke	7.41	_____
3	Duane Lee	FR	Iowa Wesleya	7.19	_____
4	Justin Kilpatrick	FR	Ashford	6.94	_____
5	Keonte White	FR	Grand View	7.15	_____
6	Michael Pilcher	SO	William Penn	7.36	_____
7	Bradley Phillips	FR	Mount Mercy	7.67	_____
<b>Heat 4 of 4 Prelims</b>					
1	Colt Braumbaugh	FR	William Penn	7.81	_____
2	Brandyn Taylor	FR	William Penn	7.40	_____
3	Evan Frazier	FR	St. Ambrose	7.18	_____
4	Gabriel Green	JR	William Penn	6.93	_____
5	Armond Thigpen	FR	William Penn	7.15	_____
6	Andrew Thomas	JR	St. Ambrose	7.39	_____
7	Anthony Worden	FR	Clarke	7.74	_____

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**Event 9 Women 600 Meter Run**

Meet Record: 1:37.84 2/12/2011 Jacqueline Kane			
Lane	Name	Yr School	Seed Time
<b>Section 1 of 4 Finals</b>			
3	Jessica Hubbard	SO Viterbo	NT
4	Kristin Lutz	FR Iowa Wesleya	NT
5	Skye Rosener	FR Grand View	NT
<b>Section 2 of 4 Finals</b>			
3	Lizzie Bless	SR Viterbo	NT
4	Alexis Kauzlarich	FR William Penn	2:04.44
5	Kaitlyn Graves	JR William Penn	2:07.31
6	Breanna Treimer	FR Mount Mercy	NT
<b>Section 3 of 4 Finals</b>			
2	Marissa Dunkerley	FR St. Ambrose	1:48.70
3	Obsie Birru	SR Grand View	1:44.21
4	Betsy Craig	SR Grand View	1:42.42
5	Hannah Day	SR Clarke	1:44.03
6	Jen Rushton	SO St. Ambrose	1:46.69
<b>Section 4 of 4 Finals</b>			
2	Kara Keller	SR Grand View	1:41.06
3	Fatoumata Samura	FR William Penn	1:40.91
4	Jacqueline Kane	SR Mount Mercy	1:38.18
5	Nkemdilim Okwumabua	JR Ashford	1:39.27
6	Sade Myers	SO William Penn	1:41.06

**Event 10 Men 600 Meter Run**

Meet Record: 1:22.63 2/12/2011 John Darmody			
Lane	Name	Yr School	Seed Time
<b>Section 1 of 4 Finals</b>			
2	Jordan Johanson	JR St. Ambrose	NT
3	Louis Sughroue	FR Mount Mercy	NT
4	Aaron Lacy	FR Mount Mercy	1:33.70
5	Eric Schultz	FR Grand View	1:35.18
6	Nate McNamara	SO St. Ambrose	NT
<b>Section 2 of 4 Finals</b>			
2	Justin Gutknecht	SR Grand View	1:32.79
3	Josh Molyneux	SO William Penn	1:29.87
4	Nick Gentzler	FR St. Ambrose	1:27.78
5	Tylor Hoyle	FR William Penn	1:29.68
6	Jeremy Miller	FR Ashford	1:30.82
<b>Section 3 of 4 Finals</b>			
2	Ademola Are	SR Ashford	1:27.48
3	Tariq White	JR Grand View	1:26.68
4	Blake Campbell	JR Mount Mercy	1:26.28
5	Nick Anderson	FR Clarke	1:26.45
6	Alex Alvarez	SO Grand View	1:26.79
<b>Section 4 of 4 Finals</b>			
2	Blake Washington	SO William Penn	1:26.23
3	Zach Vos	SO Grand View	1:25.80
4	Andre Moodie	SO Mount Mercy	1:23.18
5	Josh Roudabush	SR William Penn	1:24.71
6	Dexter Jordan	SO William Penn	1:25.88

**Event 11 Women 1 Mile Run**

Meet Record: 5:06.81 2/12/2011 Obsie Birru			
Lane	Name	Yr School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Paige Wheeler	FR St. Ambrose	5:52.05
2	Courtney Klein	SO Clarke	5:54.00
3	Kara Danielsen	SR Mount Mercy	5:55.21
4	Maggie Dwyer	FR St. Ambrose	6:01.82
5	Paige Thill	SO Grand View	6:13.57
6	Janessa Sjobeck	FR Viterbo	6:22.84
7	Courtney Meidenbauer	FR Viterbo	6:32.67
8	Breanna Derynck	SO Iowa Wesleya	6:35.68
9	Whitney Derga	FR St. Ambrose	NT
<b>Section 2 of 2 Finals</b>			
1	Obsie Birru	SR Grand View	5:06.71
2	Abby Parsons	JR St. Ambrose	5:27.94
3	Cindy Leuck	SR Viterbo	5:29.81
4	Kara Keller	SR Grand View	5:30.69
5	Kriston Siemianowski	JR Viterbo	5:32.76
6	Sadie Fisher	SR Grand View	5:34.58
7	Betsy Craig	SR Grand View	5:40.70
8	Kaitlyn Timm	FR Clarke	5:40.94
9	Amy Bowden	SO Clarke	5:43.31

**Event 12 Men 1 Mile Run**

Meet Record: 4:22.18 2/13/2010 John Darmody			
Lane	Name	Yr School	Seed Time
<b>Section 1 of 2 Finals</b>			
1	Justin Welsh	SO Grand View	4:50.23
2	Jacob Ayers	FR Iowa Wesleya	4:50.99
3	Nate McNamara	SO St. Ambrose	4:52.29
4	Deane Wichelt	FR William Penn	4:56.78
5	David Meyer	FR Clarke	5:11.25
6	Ben Reinhart	FR Mount Mercy	5:24.14
7	Claude Tuyikeze	FR Grand View	5:25.18
8	Lewis Bor	FR Mount Mercy	NT
9	Juan Maffey	SO Mount Mercy	NT
10	Kyle Miroux	JR Mount Mercy	NT
<b>Section 2 of 2 Finals</b>			
1	Brian Meyer	SO Ashford	4:29.47
2	Chris Nealy	JR Grand View	4:35.76
3	Alex Gonzales	FR Ashford	4:40.84
4	Graham Mahon	SO Clarke	4:41.39
5	Tyler Hartley	FR Mount Mercy	4:42.04
6	Jay Whitmore	JR St. Ambrose	4:42.61
7	Craig Cicero	JR Grand View	4:42.84
8	TJ Mosbach	SO Mount Mercy	4:42.85
9	Dean Knieps	FR St. Ambrose	4:45.07
10	Chase Gregory	FR Clarke	4:48.03
11	Patrick Understeller	JR Viterbo	4:48.88

**Midwest Collegiate Conference**  
**2012 Indoor Track and Field Championships**  
**Sterling, IL - 2/11/2012**  
**Meet Program**

**Event 13 Women 400 Meter Dash**

Meet Record: 1:00.33		Tabitha Carlson	
Lane	Name	Yr School	Seed Time
<b>Section 1 of 4 Finals</b>			
3	Nicole Shore	SO Grand View	1:11.85
4	Rebecca Wollersheim	FR Viterbo	1:08.70
5	Darrise Humphries	SO Clarke	1:11.39
<b>Section 2 of 4 Finals</b>			
3	Marissa Dunkerley	FR St. Ambrose	1:05.78
4	Lauren Flahive	JR St. Ambrose	1:04.52
5	LaStacy Freeman	SO Iowa Wesleya	1:05.30
6	Anastasia Jensen	SR Viterbo	1:07.06
<b>Section 3 of 4 Finals</b>			
3	Maggie Pestotnik	SR Grand View	1:03.84
4	Chanelle Whittington	SO Ashford	1:01.99
5	Sade Myers	SO William Penn	1:02.33
6	Jasmine Nielsen	FR Grand View	1:04.17
<b>Section 4 of 4 Finals</b>			
2	Jacqueline Kane	SR Mount Mercy	1:01.73
3	Megan Lehmkuhl	SO Clarke	1:01.48
4	Myelle Vann	SO Ashford	1:00.02
5	Samantha Francois	FR Clarke	1:01.05
6	Fatoumata Samura	FR William Penn	1:01.52

**Event 14 Men 400 Meter Dash**

Meet Record: 50.33 2/13/2010		Gabriel Green	
Lane	Name	Yr School	Seed Time
<b>Section 1 of 5 Finals</b>			
3	Branden Lambiase	SO Ashford	NT
4	Brendan Walters	FR Clarke	NT
5	Anthony Worden	FR Clarke	NT
<b>Section 2 of 5 Finals</b>			
2	Ben DiSera	JR Viterbo	56.40
3	Chase Carlson	FR Grand View	55.13
4	Kenbea Walker	FR William Penn	53.48
5	Terrance Conway	SO William Penn	54.22
6	Michael Klostermann	FR Iowa Wesleya	55.85
<b>Section 3 of 5 Finals</b>			
2	Jordan Kremer	FR St. Ambrose	53.47
3	Matt Mayer	FR St. Ambrose	53.18
4	Blake Campbell	JR Mount Mercy	53.10
5	Ryan Giesemann	FR St. Ambrose	53.18
6	Casey Smith	SO Clarke	53.45
<b>Section 4 of 5 Finals</b>			
2	Christian Awah	JR Ashford	52.53
3	Keonte White	FR Grand View	52.03
4	Joseph Torres	FR St. Ambrose	51.94
5	Zach Vos	SO Grand View	52.00
6	Paul Cave	FR Clarke	52.50

**Section 5 of 5 Finals**

2	DeMykhal Teague	SO Ashford	51.63
3	Bryce Adger	SO Grand View	51.45
4	Gabriel Green	JR William Penn	50.11
5	Alex Alvarez	SO Grand View	51.08
6	Wes Hammer	SO Grand View	51.59

**Event 15 Women 800 Meter Run**

Meet Record: 2:20.67 2/12/2011		Obsie Birru	
Lane	Name	Yr School	Seed Time
<b>Section 1 of 3 Finals</b>			
1	Breanna Treimer	FR Mount Mercy	NT
2	Cortney Wesela	FR Viterbo	3:07.28
3	Rosemary Bailey	SO William Penn	2:49.80
4	Skye Rosener	FR Grand View	2:49.26
<b>Section 2 of 3 Finals</b>			
1	Jen Rushton	SO St. Ambrose	2:31.95
2	Hannah Day	SR Clarke	2:24.22
3	Abby Parsons	JR St. Ambrose	2:29.65
4	Allison McFayden	JR Grand View	2:30.37
5	Kristin Lutz	FR Iowa Wesleya	2:43.12
6	Shelby Daisy	JR Mount Mercy	2:30.04
<b>Section 3 of 3 Finals</b>			
1	Nkemdilim Okwumabua	JR Ashford	2:22.01
2	Cindy Leuck	SR Viterbo	2:24.11
3	Jacqueline Kane	SR Mount Mercy	2:22.09
4	Betsy Craig	SR Grand View	2:22.27
5	Obsie Birru	SR Grand View	2:20.44
6	Kara Keller	SR Grand View	2:17.63

**Event 16 Men 800 Meter Run**

Meet Record: 1:57.95 2/12/2011		John Darmody	
Lane	Name	Yr School	Seed Time
<b>Section 1 of 5 Finals</b>			
1	Lewis Bor	FR Mount Mercy	NT
2	David Meyer	FR Clarke	NT
3	Eric Schultz	FR Grand View	2:30.89
<b>Section 2 of 5 Finals</b>			
1	Quinton Marshall	SO William Penn	2:18.60
2	Ben Reinhart	FR Mount Mercy	2:25.21
3	Kyle Miroux	JR Mount Mercy	2:23.77
4	Louis Sughroue	FR Mount Mercy	2:15.52
<b>Section 3 of 5 Finals</b>			
1	Jacob Ayers	FR Iowa Wesleya	2:14.48
2	Zack Molid	FR Clarke	2:06.41
3	Alex Courtney	FR William Penn	2:08.07
4	Nate McNamara	SO St. Ambrose	2:09.44
5	Josh Petersen	SO Viterbo	2:10.64
6	Stacy Latnie	SO Clarke	2:06.45

**Midwest Collegiate Conference**  
**2012 Indoor Track and Field Championships**  
**Sterling, IL - 2/11/2012**  
**Meet Program**

**Section 4 of 5 Finals...(Event 16 Men 800 Meter Run)**

1	Nicholas Thomas	FR	William Penn	2:05.90	_____
2	Taelor Bohnsack	JR	Grand View	2:06.08	_____
3	Tariq White	JR	Grand View	2:05.20	_____
4	Justin Bond	JR	Grand View	2:06.05	_____
5	David Carbajal	SO	Mount Mercy	2:04.72	_____
6	Jordan Johanson	JR	St. Ambrose	2:05.52	_____

**Section 5 of 5 Finals**

1	Blake Washington	SO	William Penn	2:01.37	_____
2	Andre Moodie	SO	Mount Mercy	2:00.31	_____
3	Nick Gentzler	FR	St. Ambrose	2:03.52	_____
4	Graham Mahon	SO	Clarke	2:02.59	_____
5	Nick Anderson	FR	Clarke	2:01.10	_____
6	Austin Ward	JR	Grand View	2:02.65	_____

**Event 17 Women 200 Meter Dash**

**Meet Record: 26.23** **Tabitha Carlson**

Lane	Name	Yr	School	Seed Time	
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**Section 1 of 7 Finals**

3	Kaitlyn Kanis	FR	Viterbo	31.47	_____
4	Rebecca Wollersheim	FR	Viterbo	30.33	_____
5	Darrise Humphries	SO	Clarke	30.77	_____
6	Tiffani Robinson	FR	Ashford	NT	_____

**Section 2 of 7 Finals**

2	Aneisha Parrish	SO	Grand View	30.19	_____
3	Ashley Reeves	FR	Iowa Wesleya	29.67	_____
4	Morgan Weaver	FR	St. Ambrose	29.62	_____
5	Katrena Fellner	FR	Grand View	29.65	_____
6	Lauren Palmer	JR	Clarke	30.04	_____

**Section 3 of 7 Finals**

2	Kiera Canier	FR	Ashford	29.60	_____
3	Amanda Wakelin	FR	William Penn	28.93	_____
4	Jazmine Dupee	JR	Grand View	28.61	_____
5	Jackee Thompson	JR	St. Ambrose	28.87	_____
6	Casey DeCrane	FR	Clarke	29.45	_____

**Section 4 of 7 Finals**

2	Jasmine Reisberg	SO	Clarke	28.32	_____
3	Tara Goehrke	FR	St. Ambrose	28.12	_____
4	Dionna Reed	FR	Grand View	27.98	_____
5	Megan McDonough	FR	William Penn	28.07	_____
6	Tori Ertmer	SO	St. Ambrose	28.17	_____

**Section 5 of 7 Finals**

2	Shaniece Dishmon	FR	William Penn	27.90	_____
3	Syretta Harrold	FR	Grand View	27.66	_____
4	Megan Lehmkuhl	SO	Clarke	27.54	_____
5	LaStacy Freeman	SO	Iowa Wesleya	27.57	_____
6	Maggie Pestotnik	SR	Grand View	27.78	_____

**Section 6 of 7 Finals**

2	Larissa Wilden	JR	Mount Mercy	27.27	_____
3	Alexis Swinney	FR	William Penn	27.14	_____
4	Mwale Kapande	JR	Mount Mercy	26.87	_____
5	Laura Minertz	SR	Ashford	27.05	_____
6	Samantha Francois	FR	Clarke	27.22	_____

**Section 7 of 7 Finals**

2	Fatoumata Samura	FR	William Penn	26.69	_____
3	Chanelle Whittington	SO	Ashford	26.29	_____
4	Jenna Higgins	JR	Mount Mercy	26.17	_____
5	Myelle Vann	SO	Ashford	26.22	_____
6	Ebonie Butler	JR	St. Ambrose	26.55	_____

**Event 18 Men 200 Meter Dash**

**Meet Record: 22.42 2/12/2011 Gabriel Green**

Lane	Name	Yr	School	Seed Time	
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**Section 1 of 7 Finals**

3	Ronnell Lloyd	FR	Grand View	NT	_____
4	Brock Mrdjenovich	FR	Viterbo	26.10	_____
5	Joseph Torres	FR	St. Ambrose	NT	_____

**Section 2 of 7 Finals**

2	Bradley Phillips	FR	Mount Mercy	26.09	_____
3	Ben DiSera	JR	Viterbo	25.31	_____
4	Tyler Ernst	SO	Clarke	24.98	_____
5	Anthony Worden	FR	Clarke	25.06	_____
6	Gaige Gill	SO	Mount Mercy	25.64	_____

**Section 3 of 7 Finals**

2	Elijah Albert	FR	Iowa Wesleya	24.91	_____
3	Timmy Arvesen	FR	St. Ambrose	24.24	_____
4	Tim Ritter	SO	St. Ambrose	24.18	_____
5	Raul Becerril	FR	Iowa Wesleya	24.23	_____
6	Jordan Mendoza	JR	Clarke	24.82	_____

**Section 4 of 7 Finals**

2	Andrew Thomas	JR	St. Ambrose	24.10	_____
3	Justin Kilpatrick	FR	Ashford	23.72	_____
4	Terrance Conway	SO	William Penn	23.56	_____
5	David Hale	FR	Viterbo	23.65	_____
6	Kenbea Walker	FR	William Penn	23.95	_____

**Section 5 of 7 Finals**

2	Jalen Wilson	FR	William Penn	23.51	_____
3	John Kilgore	NA	William Penn	23.47	_____
4	Duane Lee	FR	Iowa Wesleya	23.34	_____
5	Toi Jones	SO	Grand View	23.35	_____
6	Tyler Patten	SO	Grand View	23.50	_____

**Section 6 of 7 Finals**

2	Joseph Appah	SR	St. Ambrose	23.32	_____
3	Demetryone Singleton	SO	Ashford	23.25	_____
4	DeMykhal Teague	SO	Ashford	23.05	_____
5	Evan Frazier	FR	St. Ambrose	23.23	_____
6	Zach Vos	SO	Grand View	23.26	_____

**Section 7 of 7 Finals**

2	Armond Thigpen	FR	William Penn	22.96	_____
3	Keith Brown	FR	Iowa Wesleya	22.60	_____
4	Gabriel Green	JR	William Penn	22.01	_____
5	Keonte White	FR	Grand View	22.55	_____
6	Wes Hammer	SO	Grand View	22.71	_____

**Midwest Collegiate Conference  
2012 Indoor Track and Field Championships  
Sterling, IL - 2/11/2012  
Meet Program**

**Event 19 Women 3000 Meter Run**

Meet Record: 10:35.79 2/13/2010 Obsie Birru			
Lane	Name	Yr School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Obsie Birru	SR Grand View	10:16.71
2	Bea Foley	SR Viterbo	10:43.89
3	Chelsee Lisk	JR St. Ambrose	10:58.97
4	Amy Bowden	SO Clarke	11:16.76
5	Sadie Fisher	SR Grand View	11:22.78
6	Anne Bruno	SO Mount Mercy	11:37.01
7	Kelsey Carbajo	SO Grand View	11:38.83
8	Christine Eden	JR St. Ambrose	11:38.93
9	Rebecca Wilder	FR St. Ambrose	11:55.11
10	Woolbright Angela	FR Ashford	11:58.58
11	Annie Pomorski	FR St. Ambrose	11:59.02
12	Wendi Dunn	SO Mount Mercy	12:00.13
13	Alicia Dean	JR Grand View	12:02.26
14	Danielle Stark	JR Viterbo	12:11.67
15	Kristen Syring	SR St. Ambrose	12:31.71
16	Leah Schultz	JR Mount Mercy	13:54.68
17	Kara Keller	SR Grand View	NT
18	Britney Yotter	SR Mount Mercy	NT
19	Stephanie Nibaur	JR Mount Mercy	NT
20	Keely Daniels	SR Mount Mercy	NT

**Event 20 Men 3000 Meter Run**

Meet Record: 9:21.63 Mike Miroux			
Lane	Name	Yr School	Seed Time
<b>Section 1 of 1 Finals</b>			
1	Brian Meyer	SO Ashford	9:05.47
2	Kevin Randle	JR St. Ambrose	9:05.81
3	Alex Gonzales	FR Ashford	9:13.02
4	Doug Powers	SR Ashford	9:15.33
5	Craig Cicero	JR Grand View	9:27.34
6	TJ Mosbach	SO Mount Mercy	9:29.85
7	Nick Reynolds	SR William Penn	9:34.45
8	Patrick Kipkorir	SO Mount Mercy	9:42.39
9	Josh Sherwood	SR St. Ambrose	9:43.41
10	Tyler Norby	JR St. Ambrose	9:43.92
11	Tanner Artzen	FR St. Ambrose	9:48.13
12	Mitch Johnson	SO Mount Mercy	9:48.73
13	Chris Nealy	JR Grand View	9:49.79
14	Mike Miroux	SR Mount Mercy	9:50.72
15	Evan Rains	FR Viterbo	9:57.30
16	Shawn Travers	SO Grand View	9:57.80
17	Justin Welsh	SO Grand View	10:05.04
18	Cameron Pittman	SO William Penn	10:25.90
19	Joel Beckman	JR Grand View	10:27.44
20	Nick Rhinehart	SO Clarke	11:32.46
21	Patrick Understeller	JR Viterbo	NT
22	Keith Terry	JR Mount Mercy	NT
23	Bryant Rader	JR Mount Mercy	NT

**Event 21 Women 4x800 Meter Relay**

Meet Record: 9:59.58 Clarke			
Lane	Team	Relay	Seed Time
Leslie, Freund, Moyna, Gleich			
<b>Section 1 of 1 Finals</b>			
1	Grand View		9:50.15
2	Clarke		10:50.51
3	Viterbo		NT
4	Ashford		NT
5	St. Ambrose		NT
6	Mount Mercy		NT
7	William Penn		NT

**Event 22 Men 4x800 Meter Relay**

Meet Record: 8:27.77 2/13/2010 St. Ambrose			
Lane	Team	Relay	Seed Time
C Balagna, J Barker, E Bell, M Binkley			
<b>Section 1 of 1 Finals</b>			
1	Mount Mercy		8:27.23
2	Clarke		8:29.38
3	Grand View		8:29.98
4	William Penn		8:31.25
5	St. Ambrose		NT
6	Ashford		NT
7	Viterbo		NT

**Event 23 Women 4x400 Meter Relay**

Meet Record: 4:08.83 2/12/2011 Grand View			
Lane	Team	Relay	Seed Time
T Carlson, M Pruismann, J Schertz, K Keller			
<b>Section 1 of 2 Finals</b>			
3	Grand View		4:16.22
4	St. Ambrose		4:16.20
5	Viterbo		4:33.65
<b>Section 2 of 2 Finals</b>			
2	Clarke		4:15.45
3	William Penn		4:09.03
4	Ashford		4:04.28
5	Mount Mercy		4:14.04

**Event 24 Men 4x400 Meter Relay**

Meet Record: 3:27.27 2/12/2011 Grand View			
Lane	Team	Relay	Seed Time
W Hammer, A Alvarez, D DeBoest, B Adger			
<b>Section 1 of 2 Finals</b>			
3	Viterbo		3:49.03
4	Mount Mercy		3:34.36
5	Iowa Wesleya		3:53.24
<b>Section 2 of 2 Finals</b>			
2	St. Ambrose		3:31.12
3	William Penn		3:28.86
4	Grand View		3:25.11
5	Ashford		3:30.42
6	Clarke		3:32.44

**Midwest Collegiate Conference**  
**2012 Indoor Track and Field Championships**  
**Sterling, IL - 2/11/2012**  
**Meet Program**

**Event 25 Women Weight Throw**

Meet Record: 16.73m 2/12/2011 Laury Camp				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	Cienna Strother	FR	Iowa Wesleya	8.80m
2	Trisha Beckley	FR	Clarke	8.99m
3	Tamara Weltch	SO	William Penn	9.62m
4	Kayla Hanson	FR	Mount Mercy	9.83m
5	Molly Derry	FR	Grand View	10.45m
6	Amaris Myers	JR	Mount Mercy	10.49m
7	Morgan Larrington	FR	Grand View	10.49m
8	Lauren Austin	SO	Clarke	11.83m
<b>Flight 2 of 2 Finals</b>				
1	Val Veiock	FR	Grand View	11.91m
2	Marissa Harnisch	SO	Grand View	12.12m
3	Treviana Martin	FR	St. Ambrose	12.35m
4	Martha Burd	JR	St. Ambrose	14.31m
5	Calsey Schwamman	FR	St. Ambrose	15.13m
6	Mandy Streu	SR	St. Ambrose	15.31m
7	Brittany Demmer	SO	Clarke	15.64m
8	Colleen Frank	SO	Grand View	16.24m
9	Lauryn Camp	SR	Grand View	17.57m

**Event 26 Men Weight Throw**

Meet Record: 18.06m 2/12/2011 Luke Wielgopolan				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	Taylor Brooks	FR	Iowa Wesleya	9.38m
2	Troy Hallberg	FR	Iowa Wesleya	10.41m
3	Mark Huber	FR	St. Ambrose	10.60m
4	Dyahn Newman	FR	Iowa Wesleya	10.91m
5	Austin Robbins	FR	St. Ambrose	11.57m
6	AJ Cethoute	FR	Grand View	12.48m
7	Jerry Sikkema	FR	Ashford	12.71m
8	Jacob Feinman	SO	Ashford	12.74m
9	Mike Fulton	JR	William Penn	12.82m
<b>Flight 2 of 2 Finals</b>				
1	Brian McLindon	JR	St. Ambrose	13.36m
2	Breyonte Brewer	FR	Ashford	13.48m
3	Joe Snyder	SO	Ashford	14.23m
4	Peter Turcato	JR	St. Ambrose	14.36m
5	Marc Osborn	SO	Grand View	15.33m
6	Wes Vaden	JR	St. Ambrose	15.82m
7	Cy Williams	JR	Grand View	16.56m
8	Tyler Wells	SR	Grand View	16.59m
9	Danny Rufus	SR	St. Ambrose	17.72m

**Event 27 Women Long Jump**

Meet Record: 5.30m 2/12/2011 Sarah Wenzel				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	Ashley Reeves	FR	Iowa Wesleya	4.47m
2	Amanda Wakelin	FR	William Penn	4.51m
3	Alexus Harrison	FR	Ashford	4.64m
4	Maggie Pestotnik	SR	Grand View	4.67m
5	Haley Fischer	SO	Ashford	4.68m
6	Meg Skaggs	JR	St. Ambrose	4.69m
7	Cortni Kooi	SR	Mount Mercy	4.78m
<b>Flight 2 of 2 Finals</b>				
1	Megan McDonough	FR	William Penn	4.84m
2	Jazmine Dupee	JR	Grand View	4.86m
3	Samantha Francois	FR	Clarke	4.88m
4	Laurel Murphy	SR	Grand View	4.90m
5	Rachel Luehrs	JR	St. Ambrose	4.98m
6	Sarah Medland	JR	St. Ambrose	5.18m
7	Sarah Wenzel	JR	Ashford	5.25m
8	Mwale Kapande	JR	Mount Mercy	5.45m

**Event 28 Men Long Jump**

Meet Record: 7.03m 2/13/2010 Royce Clay				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 3 Finals</b>				
1	Cody Hill	FR	William Penn	ND
2	Fuad Agoro	JR	Ashford	ND
3	Jamorsay Lambert	FR	William Penn	5.25m
4	Quinton Peters	FR	Viterbo	5.63m
5	Wes Hammer	SO	Grand View	5.68m
6	Eric Carlson	JR	St. Ambrose	5.88m
7	Van Love-Scott	SO	William Penn	5.90m
<b>Flight 2 of 3 Finals</b>				
1	Jordan Mendoza	JR	Clarke	5.95m
2	Justin Ludwikowski	SR	Ashford	5.97m
3	Josh Niebuhr	FR	Viterbo	6.04m
4	Ian VanAntwerp	JR	St. Ambrose	6.08m
5	Joseph Torres	FR	St. Ambrose	6.19m
6	Emmanuel Panchol	SO	Ashford	6.19m
7	Pete Westerkamp	SR	Grand View	6.26m
<b>Flight 3 of 3 Finals</b>				
1	Tony Morrison	JR	St. Ambrose	6.26m
2	William Stephenson	FR	Iowa Wesleya	6.29m
3	Brendan Walters	FR	Clarke	6.29m
4	Branden Lambiase	SO	Ashford	6.38m
5	Bryce Adger	SO	Grand View	6.44m
6	Mike Malone	FR	Ashford	6.77m
7	Jalen Wilson	FR	William Penn	7.00m

**Midwest Collegiate Conference**  
**2012 Indoor Track and Field Championships**  
**Sterling, IL - 2/11/2012**  
**Meet Program**

**Event 29 Women High Jump**

<b>Meet Record: 1.57m 2/13/2010 Larissa Wilden</b>				
<b>Meet Record: 1.57m 2/12/2011 Heather Ketcham</b>				
<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>				
1	Lauren Palmer	JR	Clarke	NH _____
2	Hannah Vance	FR	St. Ambrose	1.33m _____
3	Alexus Harrison	FR	Ashford	1.37m _____
4	Lacey Heater	SR	Grand View	1.37m _____
5	Myra Nichols	FR	Ashford	1.39m _____
6	Tara Goehrke	FR	St. Ambrose	1.40m _____
7	Maggie Pestotnik	SR	Grand View	1.41m _____
8	Rachel Smith	FR	Mount Mercy	1.42m _____
9	Kaitlyn Kanis	FR	Viterbo	1.43m _____
10	Betsy Craig	SR	Grand View	1.50m _____
11	Rachel Luehrs	JR	St. Ambrose	1.50m _____
12	Chhutani Berry	JR	Ashford	1.55m _____
13	Heather Ketcham	JR	Ashford	1.60m _____
14	Larissa Wilden	JR	Mount Mercy	1.66m _____

**Event 30 Men High Jump**

<b>Meet Record: 2.03m 2/13/2010 Austin Smith</b>				
<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>				
1	Mike Malone	FR	Ashford	NH _____
2	Fuad Agoro	JR	Ashford	NH _____
3	Chase Carlson	FR	Grand View	1.58m _____
4	Branden Lambiase	SO	Ashford	1.68m _____
5	Robert Cole	FR	St. Ambrose	1.70m _____
6	Pete Westerkamp	SR	Grand View	1.72m _____
7	Justin Ludwikowski	SR	Ashford	1.80m _____
8	Charles Deneen	SO	Clarke	1.83m _____
9	Sam Taylor	FR	William Penn	1.86m _____
10	Austin Smith	JR	Ashford	2.00m _____
11	Emmanuel Panchol	SO	Ashford	2.00m _____
12	Joseph Torres	FR	St. Ambrose	2.04m _____

**Event 31 Women Pole Vault**

<b>Meet Record: 3.00m 2/13/2010 Morgan Bradford</b>				
<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>				
1	Myelle Vann	SO	Ashford	NH _____
2	Nikki Moreno	SO	Mount Mercy	NH _____
3	Kelsey Berg	SR	St. Ambrose	NH _____
4	Mileva Gacanich	FR	Clarke	2.45m _____
5	Alyssa Boroczyk	FR	St. Ambrose	2.45m _____
6	Rachel Lezotte	FR	Ashford	2.85m _____
7	Haley Fischer	SO	Ashford	2.89m _____
8	Jacyln Scavuzzo	FR	St. Ambrose	2.90m _____
9	Morgan Bradford	SR	Clarke	3.50m _____

**Event 32 Men Pole Vault**

<b>Meet Record: 4.38m Kevin Griffin</b>				
<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 1 Finals</b>				
1	Tim Ritter	SO	St. Ambrose	2.92m _____
2	Dillion McBride	SR	Grand View	3.24m _____
3	Justin Ludwikowski	SR	Ashford	3.33m _____
4	Eric Carlson	JR	St. Ambrose	3.40m _____
5	Pete Westerkamp	SR	Grand View	3.44m _____
6	Matthew Holley	SO	Ashford	3.65m _____
7	Henry Meza	JR	Grand View	3.65m _____
8	Bryce Adger	SO	Grand View	3.84m _____
9	Mike Malone	FR	Ashford	4.37m _____

**Event 33 Women Shot Put**

<b>Meet Record: 13.95m 2/13/2010 Mandy Streu</b>				
<b>Pos</b>	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
<b>Flight 1 of 3 Finals</b>				
1	Kendra King	JR	Ashford	ND _____
2	Heather Rimington	SO	Viterbo	7.25m _____
3	Tanya Shawley	FR	Viterbo	7.39m _____
4	Trisha Beckley	FR	Clarke	8.04m _____
5	Cienna Strother	FR	Iowa Wesleya	9.43m _____
6	Amaris Myers	JR	Mount Mercy	9.53m _____
7	Lauren Austin	SO	Clarke	9.71m _____
<b>Flight 2 of 3 Finals</b>				
1	Molly Derry	FR	Grand View	10.01m _____
2	Colleen Frank	SO	Grand View	10.15m _____
3	Kayla Hanson	FR	Mount Mercy	10.31m _____
4	Samantha Gatewood	SO	Ashford	10.39m _____
5	Marissa Harnisch	SO	Grand View	10.50m _____
6	Martha Burd	JR	St. Ambrose	10.55m _____
7	Nikki Hotz	JR	Mount Mercy	10.68m _____
<b>Flight 3 of 3 Finals</b>				
1	Morgan Larrington	FR	Grand View	10.70m _____
2	Brittany Demmer	SO	Clarke	11.15m _____
3	Treviana Martin	FR	St. Ambrose	11.36m _____
4	Devon Jensen	JR	Grand View	11.37m _____
5	Sarah Wenzel	JR	Ashford	11.50m _____
6	Val Veiock	FR	Grand View	11.83m _____
7	Calsey Schwamman	FR	St. Ambrose	12.20m _____
8	Mandy Streu	SR	St. Ambrose	14.65m _____

**Midwest Collegiate Conference**  
**2012 Indoor Track and Field Championships**  
**Sterling, IL - 2/11/2012**  
**Meet Program**

**Event 34 Men Shot Put**

Meet Record: 15.89m 2/12/2011 Tyler Wells				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 3 Finals</b>				
1	Troy Hallberg	FR	Iowa Wesleya	9.95m _____
2	Jerry Sikkema	FR	Ashford	10.19m _____
3	AJ Cethoute	FR	Grand View	11.42m _____
4	Taylor Brooks	FR	Iowa Wesleya	11.55m _____
5	Breyonte Brewer	FR	Ashford	11.87m _____
6	Mark Huber	FR	St. Ambrose	11.97m _____
7	Josh Olson	SO	St. Ambrose	12.01m _____
<b>Flight 2 of 3 Finals</b>				
1	Dyaln Newman	FR	Iowa Wesleya	12.08m _____
2	Jonah Hoelscher	FR	St. Ambrose	12.15m _____
3	Jacob Feinman	SO	Ashford	12.19m _____
4	Joe Snyder	SO	Ashford	12.24m _____
5	Justin Ludwikowski	SR	Ashford	12.76m _____
6	Marc Osborn	SO	Grand View	13.37m _____
7	Peter Turcato	JR	St. Ambrose	13.44m _____
8	Cy Williams	JR	Grand View	13.51m _____
<b>Flight 3 of 3 Finals</b>				
1	Jaryd Prince	SO	Ashford	13.89m _____
2	Aaron Brown	SO	Iowa Wesleya	14.26m _____
3	Danny Rufus	SR	St. Ambrose	14.58m _____
4	Nathan Stern	JR	Mount Mercy	14.68m _____
5	Wes Vaden	JR	St. Ambrose	14.70m _____
6	Tyler Wells	SR	Grand View	15.96m _____

**Event 35 Women Triple Jump**

Meet Record: 10.79m 2/12/2011 Naomi Patrnczak				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	Sarah Wenzel	JR	Ashford	ND _____
2	Jacyln Scavuzzo	FR	St. Ambrose	ND _____
3	Morgan Bradford	SR	Clarke	ND _____
4	Rachel Lezotte	FR	Ashford	ND _____
5	Lacey Heater	SR	Grand View	9.03m _____
6	Meg Skaggs	JR	St. Ambrose	9.51m _____
<b>Flight 2 of 2 Finals</b>				
1	Megan Lehmkuhl	SO	Clarke	9.71m _____
2	Maggie Pestotnik	SR	Grand View	10.00m _____
3	Jazmine Dupee	JR	Grand View	10.02m _____
4	Sarah Medland	JR	St. Ambrose	10.29m _____
5	Sarah Torres	SO	St. Ambrose	10.36m _____
6	Naomi Patrnczak	SO	St. Ambrose	10.42m _____

**Event 36 Men Triple Jump**

Meet Record: 14.70m 2/13/2010 Javares Thomas				
Pos	Name	Yr	School	Seed Mark
<b>Flight 1 of 2 Finals</b>				
1	William Stephenson	FR	Iowa Wesleya	ND _____
2	Cody Hill	FR	William Penn	ND _____
3	Fuad Agoro	JR	Ashford	ND _____
4	Stacy Latnie	SO	Clarke	ND _____
5	Kodey Salow	FR	Mount Mercy	ND _____
6	Branden Lambiase	SO	Ashford	ND _____
7	Joseph Naszke	SO	Ashford	ND _____
8	Eric Carlson	JR	St. Ambrose	ND _____
<b>Flight 2 of 2 Finals</b>				
1	Dillion McBride	SR	Grand View	11.19m _____
2	Ian VanAntwerp	JR	St. Ambrose	11.95m _____
3	Brendan Walters	FR	Clarke	12.04m _____
4	Mike Malone	FR	Ashford	12.41m _____
5	Pete Westerkamp	SR	Grand View	13.04m _____
6	Bryce Adger	SO	Grand View	13.19m _____
7	Robert Cole	FR	St. Ambrose	13.77m _____
8	Emmanuel Panchol	SO	Ashford	13.96m _____